

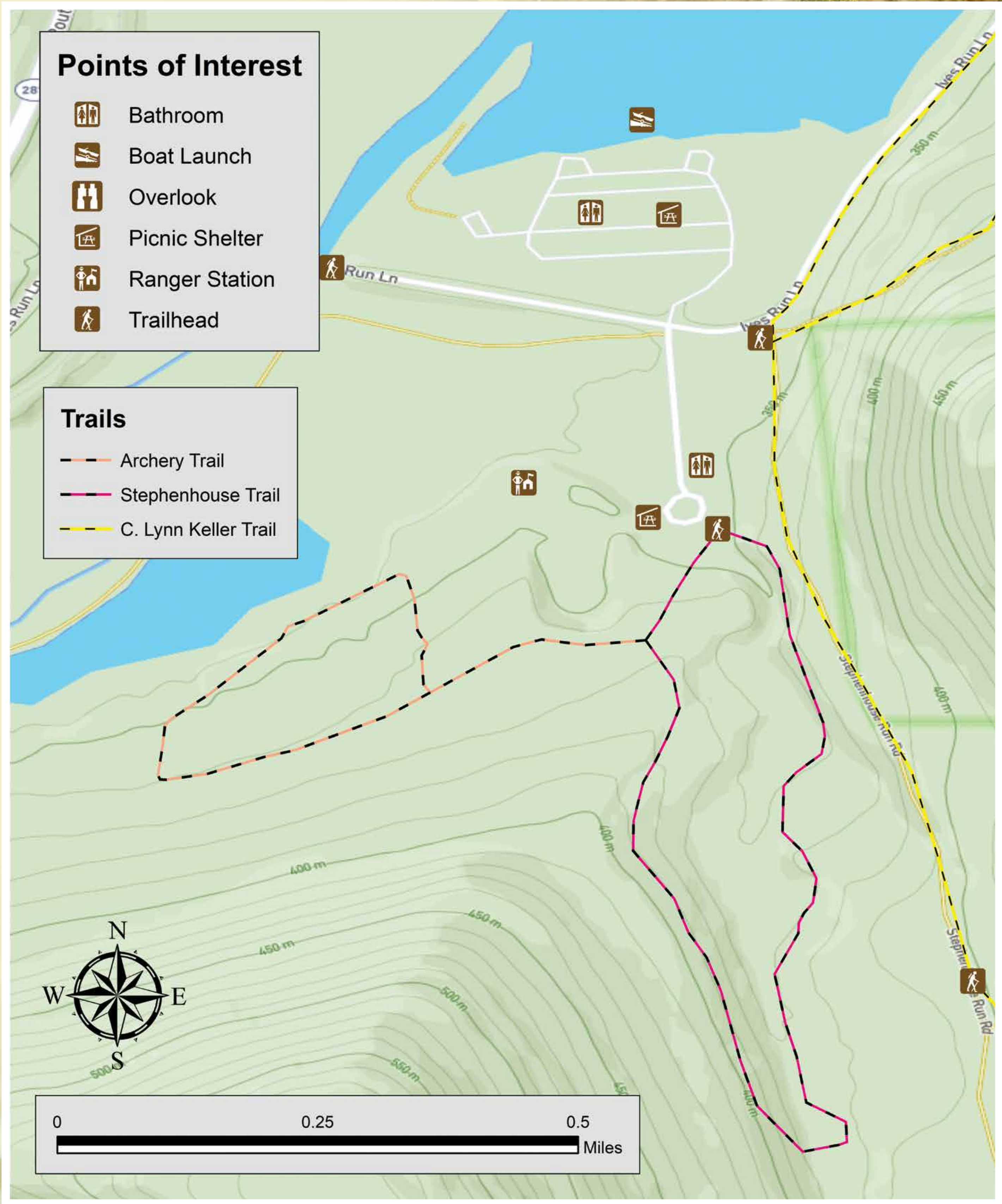


US Army Corps
of Engineers

Stephenhouse Trail

TIOGA-HAMMOND & COWANESQUE LAKES

Stephenhouse Trail is a moderately difficult 1.25-mile loop that follows Stephenhouse Run. Although the trail has a slight slope in some sections, it is appropriate for most ages and abilities.



Respect Wildlife

Learn about wildlife along the trail through quiet observation.

- Observe only with your eyes. Don't disturb wildlife or plants for a "better look."
- Watch wildlife from a distance so you don't scare creatures or cause them to flee.
- Travel quietly and at an even pace. Loud noises and quick movements are stressful to animals.
- If you're with a large group of people, divide into smaller groups to minimize your impact on the environment, including wildlife.
- Don't chase or feed wildlife.
- Don't touch or pick up animals. It is stressful for them and could expose you to rabies or other diseases.

